

Can you go
the extra
mile and



Outrun an Ambulance

Teenager Shay, from Huntingdon walked 37 steps every day for a month to outrun an ambulance and aid his rehabilitation

One of the incredible fundraisers supporting the East of England Ambulance Service Charity was fourteen year old Shay Bell, from Huntingdon. Shay has ADHD and learning disabilities, he walked 37 steps a day with his frame, to outrun the Huntingdon Ambulance, and raised over £900 for charity

Shay's Mum, Sianade Bell, said:
"Shay absolutely loves ambulances and when we found out about the 'Outrun an Ambulance' challenge, we thought we could use this opportunity to raise money while also enabling Shay to spend less time in his wheelchair and more time using his walking frame."

"37 steps is the longest Shay has been able to walk and it is a huge challenge for him. Shay has really embraced this challenge and feels a great sense of achievement after every day that he has completed. His physiotherapist is delighted with his achievements, too."

Well done Shay – We are in awe of your achievement!

www.outrunanambulance.co.uk
#icanoutrunanambulance

